



Toileting Policy

Version no: 0.5

Version Control:

Version Number	Purpose/Change	Author	Date
0.1	Initial draft – To be approved by Committee	Melanie Nadin	25/01/18
0.2	Read and Changes to grammatical errors	Sarah Allen	26/01/18
0.3	Yearly Review	Melanie Nadin	8/11/18
0.4	Yearly review	Melanie Nadin	7/09/19
0.5	Yearly review	Melanie Nadin	03/10/20



Toileting Policy

It is the policy of Hixon Preschool that:

Children in nappies will be changed throughout the day according to their needs, no child will be excluded from participating in our setting who may for any reason not yet be toilet trained and who may still be wearing nappies. We see toilet training as a self-care skill that children have the opportunity to learn with the full support of staff. Nappies are changed during both the morning session and afternoon session for every child.

Preschool would appreciate it if children not yet toilet training would wear nappies rather than pull-ups to aid at nappy changing times.

Nappy Changing

1. When changing a nappy for hygiene reasons staff wear disposable gloves and an apron. A new pair of gloves is worn for each child changed. Staff also wear a visor as per covid guidelines.
2. Staff disinfect the changing mat before and after use, which is located under the nappy changing unit.
3. The child's nappy is changed with accordance to parents/carer's preferences i.e. wipes/cream applied etc.
4. Nappies are placed in a nappy sack and into the child's bag. (Hixon Preschool does not have the facilities to dispose of nappies).
5. Both staff and child wash hands to encourage good hygiene.
6. Once all children needing to be changed at that time have been changed, all wipes, nappy sacks, creams and gloves are placed in the locked cupboard above the changing area out of reach of any children.
7. Staff record on the nappy changing chart the name of the child who has had their nappy changed, the member of staff who changed the nappy, time, condition of the nappy, and date.
8. Staff are gentle when changing; they avoid pulling faces and making negative comments about "nappy contents" or "accidents".

All children are encouraged:

- Towards independence when using the toilet, the children are allowed to go to the toilet whenever they feel the need and children who are toilet training are encouraged to go more often if necessary
- To flush the toilet after use
- To wash hands after using the toilet to prevent the spread of germs and infections
- If a child does soil itself, a member of staff will help the child to change clothes and ensure they are clean and dry. Parents are encouraged to supply a spare set of clothes in their child's Preschool bag



- The staff member will wear gloves and apron when changing the child and the soiled clothing will be placed in a sealed plastic bag

Toilet (potty) Training

Most children are ready to start toilet training when:

- They can follow simple instructions
- Remain dry for at least two hours at a time during the day
- Are usually dry after nap time
- Have regular and predictable bowel movements
- Walks to and from the bathroom, pulls down own pants/pull-ups and can pull them up again
- Seem uncomfortable with soiled or wet nappies
- Seems interested in the toilet
- Has asked to wear proper pants

If the child has most of these skills they are probably ready to commence toilet training. We aim to build up the child's confidence with regular visits to the toilet adopting a calm approach with training tailored to the child's age /stage of development and needs. We have potty training sticker charts as encouragement and a range of potties for their use.

We ask if actively potty training to wear trousers, shorts, skirts, tracksuits that the child can easily pull down and up themselves.

If a child requires additional support with toilet training we will seek further advice and work with outside agencies such as a Health Visitor.

Only adults who have a current disclosure will assist the children whenever necessary. Visitors and parents are not permitted to take children to the toilet.

The bathroom door is always open so that staff are never left on their own with any children. They must inform another member of staff to maintain good safeguarding practices.

Date for review October 2021 unless new legislaion comes in to effect